

Hand and glove size

Hestra glove size inches

6 7 8 9 10 11

Hand circumference (mm)

152 178 203 229 254 279

Hand length (mm)

160 171 182 192 204 215

Glove sizes are based on average human hand dimensions. This data is collected through extensive research.

US Chart

Youth	Woman	Men	Hestra Size
Infant	-	-	0
-	-	-	1
Youth XXS	-	-	2
Youth XS	-	-	3
Youth SM	-	-	4
Youth MD	Woman XS	-	5
Youth LG	Woman S	Men XS	6
Youth XL	Woman M	Men S	7
-	Woman L	Men M	8
-	Woman XL	Men L	9
-	-	Men XL	10
-	-	Men XXL	11
-	-	Men XXXL	12
-	-	Men XXXXL	13

Baby

Age	Size	
0-1	0	Toddler 0
1-2	1	Toddler 1
2-3	2	Toddler 2
3-4	3	Toddler 3
4-5	4	Toddler 4
5-6	5	Toddler 5
6-7	6	Toddler 6

Junior

Age	Size	
2-3	2	Youth XXS
4-5	3	Youth XS
6-7	4	Youth SM
8-9	5	Youth MD
10-11	6	Youth LG
12-13	7	Youth XL

The sizes are only a recommendation.

Measure your hand

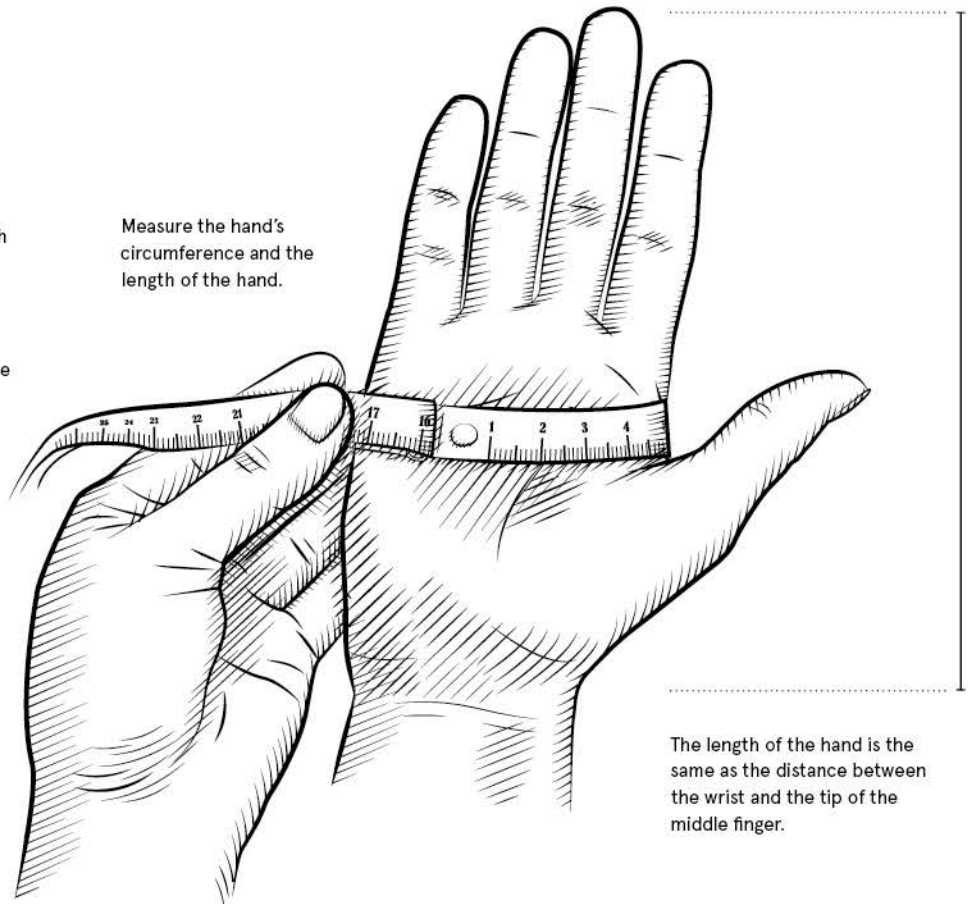
Two things to consider regarding size and measurement of the hand:

- Circumference of the hand
- Length of the hand

The hand's circumference is measured with a tape measure 20 mm above the thumb (see illustration).

The length of the hand is the distance between the wrist and the tip of the middle finger.

Measure the hand's circumference and the length of the hand.



The length of the hand is the same as the distance between the wrist and the tip of the middle finger.